

## SUNDAY

PORTLAND 1 ST/TR/CC 8:00 AM  
WILLISTON WEST CHURCH 32 THOMAS ST.

PORTLAND 1 MED/CC 8:00 AM  
WILLISTON WEST CHURCH 32 THOMAS ST.

WESTBROOK 24 O/ST/D 10:30 AM  
MERCY RECOVERY CENTER (Auditorium)  
40 PARK RD (tabacco free campus)

PORTLAND 1 SP/A 11:00 AM  
WASHINGTON GARDENS COMM. CENTER  
66 PEMBROOK ST

PORTLAND 1 BB 5:00 PM  
WOODFORD CONGREGATIONAL CHURCH  
WOODFORD ST

PORTLAND 1 O/D 6:00 PM  
PORTLAND WEST COMMUNITY CENTER  
181 BRACKET ST

PORTLAND 1 G/SP 6:30 PM  
WILLISTON WEST CHURCH 32 THOMAS ST.

SOUTH PORTLAND 26 ST 6:30 PM  
PEOPLES METHODIST CHURCH 310  
BROADWAY

WESTBROOK 24 O/SP/A 6:30 PM  
WESTBROOK HOUSING AUTHORITY 30  
LIZA HARMON DR

PORTLAND 1 W/B/ST/A 7:00 PM  
TRINITY EPISC. CHURCH FOREST AVE. &  
COYLE ST.

PORTLAND 1 SP 7:00 PM  
WASHINGTON GARDENS COMM. CENTER  
66 PEMBROOK ST

YARMOUTH 24 C/W/ST 7:00 PM  
UNITARIAN UNIVERSALIST CHURCH 148  
MAIN STREET

SOUTH PORTLAND 26 SP 8 PM  
ST. JOHN'S CHURCH 611 MAIN ST

## MONDAY

PORTLAND 1 SP/D 7:00 AM  
OLD ST PAULS CHURCH 279 CONGRESS  
ST

PORTLAND 1 D/L 7:00 AM  
1ST PAR. UNITARIAN UNIVERSALIST CH  
425 CONGRESS ST. (REAR)

PORTLAND 1 D/A 7:30 AM  
SACRED HEART CHURCH SHERMAN &  
MELLEN ST

PORTLAND 1 C/M/D NOON  
1ST PAR. UNITARIAN UNIVERSALIST CH  
425 CONGRESS ST. (REAR)

PORTLAND 1 O/ST/TR/D NOON  
ST PATRICK'S CHURCH 1342 CONGRESS  
ST

SCARBOROUGH 26 BB/D NOON  
COASTAL COMMUNITY CHURCH 260 RT  
ONE

PORTLAND 1 W/ST 12:15 PM  
1ST PARISH UNITARIAN UNIVERSALIST  
425 CONGRESS ST Congress St entrance 2n  
fl

PORTLAND 1 D/a 12:15 PM  
SAHARA CLUB 135 WASHINGTON AVE

PORTLAND 1 O/B/A/H 5:30 PM  
MAINE MEDICAL CENTER (Dana Center  
Classroom # 2) 22 BRAMHALL ST

SCARBOROUGH 26 W/C/D 5:30 PM  
ST. NICHOLAS EPISCOPAL CHURCH 350  
U.S. RT 1

WESTBROOK 24 BB 6:00 PM  
TRINITY LUTHERAN CHURCH 612 MAIN ST

PORTLAND 1 B 6:30 PM  
Cathedral of the Immaculate Conception (Guild  
Hall) 307 CONGRESS ST

PORTLAND 1 C/SP/CF/CR 6:30 PM  
CUMBERLAND COUNTY JAIL (clearance  
req.) 50 COUNTY WAY

PORTLAND 1 D/A 6:30 PM  
UNIVERSALIST CHURCH 524 ALLEN AVE.

PORTLAND 1 W/ST 7:00 PM  
THE NEW CHURCH 302 STEVENS AVE.

YARMOUTH 24 W/ST 7:00 PM  
CHURCH OF THE NAZARENE (in front of  
Hanafords) ROUTE 1

PORTLAND 1 C/ST/D/A 7:30 PM  
TRINITY EPISC. CHURCH FOREST AVE. &  
COYLE ST.

SOUTH PORTLAND 26 D 7:30 PM  
UNITED METHODIST CHURCH 179  
RIDGELAND

YARMOUTH 24 D/N 7:30 PM  
FIRST CONG. CHURCH MAIN ST.

PORTLAND 1 SP 8 PM  
ST PETERS CHURCH 72 FEDERAL ST

## TUESDAY

PORTLAND 1 SP/D 7:00 AM  
OLD ST PAUL'S CHURCH 279 CONGRESS  
ST

PORTLAND 1 D/L 7:00 AM  
1ST PAR. UNITARIAN UNIVERSALIST CH  
425 CONGRESS ST. (REAR)

PORTLAND 1 ST/D 7:30 AM  
SACRED HEART CHURCH SHERMAN &  
MELLEN ST

PORTLAND 1 C/M/D NOON  
1ST PAR. UNITARIAN UNIVERSALIST CH  
425 CONGRESS ST. (REAR)

PORTLAND 1 D/A 12:15 PM  
SAHARA CLUB 135 WASHINGTON AVE

WESTBROOK 24 SP/D 12:15 PM  
TRINITY LUTHERAN CHURCH 612 MAIN ST

PORTLAND 1 BB 5:30 PM  
ST. LUKES (PARK ST ENTRANCE) PARK ST

PEAKS ISLAND 1 O/D/N 6:30 PM  
ST. CHRISTOPHERS CHURCH PARISH  
CON. ROOM 15 CENTRAL AVE

PORTLAND 1 SP/D/A 6:30 PM  
SAHARA CLUB 135 WASHINGTON AVE

CUMBERLAND 24 SP/D/TP 7:00 PM  
CUMBERLAND METHODIST CHURCH 52  
TUTTLE RD

FALMOUTH 24 SP 7:00 PM  
ST. MARY'S EPISCOPAL 43 FORESIDE  
ROAD (ROUTE 88)

PORTLAND 1 D//A 7:00 PM  
BRIGHTON MEDICAL (Briggs Conf. Room)  
335 BRIGHTON AVE

PORTLAND 1 O/BB/ST 7:30 PM  
CENTRAL SQUARE BAPTIST CHURCH 466  
STEVENS AVE

SOUTH PORTLAND 26 D 7:30 PM  
UNITED METHODIST CHURCH 179  
RIDGELAND

FALMOUTH 24 SP/D 8 PM  
FORESIDE COMM. CHURCH 340 FORESIDE  
RD.

PORTLAND 1 SP/I 8 PM  
SERENITY HOUSE 30 MELLEN ST.

## WEDNESDAY

PORTLAND 1 SP/D 7:00 AM  
OLD ST PAULS CHURCH 279 CONGRESS  
ST

PORTLAND 1 B/L 7:00 AM  
1ST PAR. UNITARIAN UNIVERSALIST CH  
425 CONGRESS ST. (REAR)

PORTLAND 1 D 7:30 AM  
SACRED HEART CHURCH SHERMAN &  
MELLEN ST

PORTLAND 1 C/M/D NOON  
1ST PAR. UNITARIAN UNIVERSALIST CH  
425 CONGRESS ST. (REAR)

PORTLAND 1 D/A 12:15 PM  
SAHARA CLUB 135 WASHINGTON AVE

PORTLAND 1 O/D 6:00 PM  
1ST ATLANTIC BUILDING (church of all Gods  
children) 222 ST JOHN ST (back of building)

WESTBROOK 24 C/D/A 6:00 PM  
TRINITY LUTHERAN CHURCH 612 MAIN ST  
(IN REAR)

PORTLAND 1 B 6:30 PM  
WASHINGTON GARDENS COMM. CENTER  
66 PEMBROOK ST

CAPE ELIZABETH 26 D 7:00 PM  
ST. BARTHOLOMEWS CHURCH 8 TWO  
LIGHTS RD

PORTLAND 1 O/SP 7:00 PM  
WOODFORDS CONGREGATIONAL  
CHURCH 202 WOODFORDS ST

PORTLAND 1 SP 7:00 PM  
1ST BAPTIST CH OF PORTLAND 360  
CANCO RD

PORTLAND 1 O/D/65mins 7:30 PM  
SAHARA CLUB 135 WASHINGTON AVE

PORTLAND 1 C/ST/A(ASLprov 7:30 PM  
CLARK METHODIST CHURCH PLEASANT &  
FOREST AVE (ASL all meetings)

PORTLAND 1 O/SP 7:30 PM  
1ST PAR. UNITARIAN UNIVERSALIST CH  
425 CONGRESS ST. (REAR)

WESTBROOK 24 O/D/B 7:30 PM  
ST. ANTHONY'S PARISH EDUCATIONAL  
CENTER 22 WALKER ST

YARMOUTH 24 C/B 7:30 PM  
NO YARMOUTH CONG CHURCH 3 GRAY  
ROAD (RT 231 & RT 115)

SOUTH PORTLAND 26 O/D 8 PM  
SMCC CAMPUS JEWETT HALL ROOM 109

PORTLAND 1 SP/D 8 PM  
IMMANUEL BAPTIST CHURCH DEERING ST

### THURSDAY

PORTLAND 1 D/L 7:00 AM  
1ST PAR. UNITARIAN UNIVERSALIST CH  
425 CONGRESS ST. (REAR)

PORTLAND 1 SP/D 7:00 AM  
OLD ST PAUL'S CHURCH 279 CONGRESS  
ST

PORTLAND 1 W/ABSI 7:00 AM  
158 DANFORTH ST

PORTLAND 1 D/A 7:30 AM  
SACRED HEART CHURCH SHERMAN &  
MELLEN ST

PORTLAND 1 C/M/D NOON  
1ST PAR. UNITARIAN UNIVERSALIST CH  
425 CONGRESS ST. (REAR)

PORTLAND 1 BB NOON  
ST PATRICK'S CHURCH 1342 CONGRESS  
ST

PORTLAND 1 W/DR 12:15 PM  
1ST PAR. UNITARIAN UNIVERSALIST CH  
425 CONGRESS ST Congress St entrance 2n  
fl

PORTLAND 1 SP/A 12:15 PM  
SAHARA CLUB 135 WASHINGTON AVE

PORTLAND 1 C/W/ST 5:30 PM  
ST. PETER'S CHURCH 72 FEDERAL ST

PORTLAND 1 B/D/A 6:30 PM  
SAHARA CLUB 135 WASHINGTON AVE.

WESTBROOK 24 C/M/D 6:30 PM  
MERCY RECOVERY CENTER (Auditorium)  
40 PARK RD (tabacco free campus)

WESTBROOK 24 SP/D 6:30 PM  
HIGHLAND LAKE CONG. CH RT 302

PORTLAND 1 SP 7:00 PM  
CLARK METHODIST CHURCH PLEASANT &  
FOREST AVE

FALMOUTH 24 C/M/ST 7:30 PM  
ST. MARY'S CHURCH FORESIDE RD

PORTLAND 1 O/D 7:30 PM  
CCJ PRE-RELEASE CTR 36 COUNTY WAY

SCARBOROUGH 26 C/D/N 7:30 PM  
WEST SCARBOROUGH METHODIST CH US  
RT 1 DUNSTON CORNER

SOUTH PORTLAND 26 C/M/ST 7:30 PM  
ST. JOHN'S CHURCH 611 MAIN ST

YARMOUTH 24 BB/N 7:30 PM  
ST. BARTHOLOMEW'S CHURCH GILMAN  
RD.

WESTBROOK 24 B/D/O 8 PM  
MERCY RECOVER CENTER (Auditorium) 40  
PARK RD (tabacco free campus)

### FRIDAY

PORTLAND 1 D/L 7:00 AM  
1ST PAR. UNITARIAN UNIVERSALIST CH  
425 CONGRESS ST. (REAR)

PORTLAND 1 SP/D 7:00 AM  
OLD ST PAUL'S CHURCH 279 CONGRESS  
ST

PORTLAND 1 D/A 7:30 AM  
SACRED HEART CHURCH SHERMAN &  
MELLEN ST

PORTLAND 1 C/M/D NOON  
1ST PAR. UNITARIAN UNIVERSALIST CH  
425 CONGRESS ST. (REAR)

PORTLAND 1 D 12:15 PM  
SAHARA CLUB 135 WASHINGTON AVE

SOUTH PORTLAND 26 D 6:30 PM  
UNITED METHODIST CHURCH 179  
RIDGELAND

PORTLAND 1 G/M/LT 6:30 PM  
ST. LUKES (PARK ST ENTRANCE) PARK ST

CAPE ELIZABETH 26 SP/CC 7:00 PM  
ST. ALBANS CHURCH 885 SHORE RD.

CHEBEAGUE ISLAND 24 C/LS 7:00 PM  
PARISH HOUSE NORTH RD

PORTLAND 1 SP/A 7:00 PM  
WOODFORD CONGREGATIONAL CHURCH  
WOODFORDS ST

PORTLAND 1 D 7:30 PM  
SAHARA CLUB 135 WASHINGTON AVE

WESTBROOK 24 B/D/H 7:30 PM  
MERCY RECOVERY CENTER 40 PARK RD  
(tabacco free campus)

YARMOUTH 24 O/B 7:30 PM  
SACRED HEART CHURCH (Office Rectory)  
MAIN ST.

PORTLAND 1 D/H/A 8 PM  
MAINE MEDICAL CENTER RM#7 DANA  
BLDG#9, 22 BRAMHALL

SCARBOROUGH 26 ST/N 8 PM  
FIRST CONG. CHURCH BLACKPOINT RD.

PORTLAND 1 SP 8 PM  
CHURCH OF THE HOLY SPIRIT 1047  
CONGRESS ST

### SATURDAY

PORTLAND 1 D/L 7:00 AM  
1ST PAR. UNITARIAN UNIVERSALIST CH  
425 CONGRESS ST. (REAR)

PORTLAND 1 O/D 8:00 AM  
WILLISTON WEST CHURCH 32 THOMAS ST.

CUMBERLAND 24 ABSI/TP 8:30 AM  
METHODIST CHURCH COR TUTTLE &  
MIDDLE RD

PORTLAND 1 C/D/A 8:30 AM  
PEOPLES BUILDING 181 BRACKET ST

SCARBOROUGH 26 O/W/LS 8:30 AM  
ST. NICHOLAS CHURCH 350 RT 1

PORTLAND 1 TAG 9:00 AM  
SAHARA CLUB 135 WASHINGTON AVE

WESTBROOK 24 D 10:00 AM  
WESTBROOK HOUSING AUTHORITY 30  
LIZA HARMON DR

PORTLAND 1 B/SP/D 10:30 AM  
SAHARA CLUB 135 WASHINGTON AVE

SOUTH PORTLAND 26 D 2:00 PM  
CONGREGATIONAL CHURCH COR.  
COTTAGE AND MITCHELL

PORTLAND 1 C/BB/D 6:30 PM  
IRISH HERITAGE CENTER (old St. Dominic's)  
Cor. GREY AND STATE ST

WESTBROOK 24 SP/D 6:30 PM  
MERCY RECOVERY CENTER (Auditorium)  
40 PARK RD (tabacco free campus)

PORTLAND 1 SP/D/A 7:00 PM  
SAHARA CLUB 135 WASHINGTON AVE

PORTLAND 1 SP/D 7:00 PM  
YMCA 70 FOREST AVE.

PORTLAND 1 D/A 7:30 PM  
ST. LUKES PARK ST

PORTLAND 1 O/SPAN/120 8 PM  
PORTLAND WEST COMMUNITY CENTER  
181 BRACKET ST

All meetings Non-Smoking unless designated otherwise

<b>75</b>	1 1/4 Hour Meeting	<b>H</b>	Meeting held in a <b>Hospital</b>
<b>90</b>	1 1/2 Hour Meeting	<b>I</b>	Meeting held in an <b>Institution</b>
<b>A</b>	Wheelchair <b>Accessible</b>	<b>L</b>	Meeting where AA <b>Literature</b> is available for sale
<b>ABSI</b>	Group reads and discusses a page from the book <b>As Bill Sees It</b>	<b>LS</b>	Group reads and discusses the day's topic from the book <b>Living Sober</b>
<b>B</b>	<b>Beginner's Meeting</b> - NOT for beginner's only, but usually concentrating on the first 3 Steps.	<b>M</b>	A meeting that discusses <b>Men's</b> issues as related to their alcoholism
<b>BB</b>	Group reads and discusses the <b>Big Book</b>	<b>MED</b>	A meeting usually based on the 11th Step is a <b>Meditation</b> meeting
<b>C</b>	<b>Closed</b> Meeting - For alcoholics only. Tradition 3 states the only requirement for membership is a desire to stop drinking	<b>O</b>	<b>Open</b> meeting can be attended by alcoholics, their friends, family, or anyone interested in AA
<b>CC</b>	<b>Child Care</b> available	<b>P</b>	Meeting based on the <b>Promises</b> of AA
<b>CF</b>	Meetings held in a <b>Correctional Facility</b>	<b>S</b>	Meeting where <b>Smoking</b> is permitted
<b>CR</b>	Meeting in a correctional facility that has <b>Clearance Required</b>	<b>SL</b>	A meeting which discusses AA's <b>Slogans</b>
<b>D</b>	Meeting for <b>Discussion</b> on anything alcohol related	<b>SP</b>	A meeting with one or more alcoholics sharing what it was like, what happened and what it is like now is a <b>Speaker</b> Meeting
<b>DR</b>	Group reads and discusses the day's topic from the book <b>Daily Reflections</b>	<b>SPAN</b>	<b>Spanish</b> speaking meeting
<b>E</b>	<b>English</b> Speaking - for our meetings near the Canadian border and in Canada	<b>STEP</b>	Group reads and discusses AA's <b>12 Steps</b>
<b>ESH</b>	A meeting that reads and discusses a story from the book <b>Experience, Strength &amp; Hope</b>	<b>T</b>	Usually a discussion meeting where after a person shares they " <b>Tag</b> " the next person to speak
<b>F</b>	<b>French</b> Speaking - for our meetings near the Canadian border and in Canada	<b>TP</b>	A discussion meeting based on an alcohol related <b>Topic</b>
<b>F/E</b>	<b>French and English</b>	<b>TR</b>	Group reads and discusses AA's <b>12 Traditions</b>
<b>G</b>	A meeting that discusses <b>Gay/Lesbian</b> issues as related to their alcoholism	<b>W</b>	A meeting that discusses <b>Women's</b> issues as related to their alcoholism
<b>GV</b>	Group reads and discusses an article from the <b>Grapevine</b> publication		